

Food Allergy Fill-in-the-Blank

Word Bank

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| 1. Epinephrine | 6. Swelling |
| 2. Label | 7. Shellfish |
| 3. Wheat | 8. Allergist |
| 4. Yogurt | 9. Eat |
| 5. Share | 10. Peanuts |

If you are allergic to milk, you should avoid _____.

Kids with food allergies should not _____ food.

Alexander the Elephant is allergic to _____.

_____ is the medicine used to treat a severe allergic reaction.

A type of doctor who specializes in allergies is called an _____.

_____ may be a symptom of a food allergy reaction.

Before eating any food, you must read the ingredient _____ to be sure it doesn't contain an ingredient to which you are allergic.

If you are not completely sure about the ingredients used in a food, you should not _____ it.

Crab and lobster are two types of _____.

_____ is a common food allergen, and is often found in bread.